





Summer Camp Sample Schedule of Activities

ACTIVITY	WHAT TO BRING
<p style="text-align: center;"><i>Welcome to Camp!</i></p> <p>M</p> <p>MORNING:</p> <ul style="list-style-type: none"> • Icebreakers and get-to-know-you games • Rules, routines, and expectations • Review of safety • Review of activities for the week <p>LUNCH: Lunch at camp</p> <p>AFTERNOON:</p> <ul style="list-style-type: none"> • Community walk to a nearby park • Play games at the park, time to play on playground, etc 	<ul style="list-style-type: none"> • Bring your lunch today • We have drinks and snacks, but you're welcome to bring your own
<p>T</p> <p>MORNING:</p> <ul style="list-style-type: none"> • Make our own rice-Krispy treats • Decorate our own t-shirts <p>LUNCH: Lunch at camp</p> <p>AFTERNOON:</p> <ul style="list-style-type: none"> • Field trip to nearby museum 	<ul style="list-style-type: none"> • Bring your lunch today • We have drinks and snacks, but you're welcome to bring your own • Wear comfy shoes for the field trip!
<p>W</p> <p>MORNING:</p> <ul style="list-style-type: none"> • Music therapy group • Make pinch pots <p>LUNCH: Lunch at camp</p> <p>AFTERNOON:</p> <ul style="list-style-type: none"> • Music Kahoot game • Field trip to a nearby park for a sound & sight nature scavenger hunt • Snack 	<ul style="list-style-type: none"> • Bring your lunch today • We have drinks and snacks, but you're welcome to bring your own

	<p>MORNING:</p> <ul style="list-style-type: none"> • Field trip to local art studio <p>LUNCH: Lunch at camp</p> <p>AFTERNOON:</p> <ul style="list-style-type: none"> • Paint pinch pots • Zumba dance • Snack 	<ul style="list-style-type: none"> • Bring your lunch today • We have drinks and snacks, but you're welcome to bring your own
	<p style="text-align: center;"><i>UCPH Olympics</i></p> <p>MORNING:</p> <ul style="list-style-type: none"> • Set up game stations around camp • Olympic games (giant Jenga, bowling, etc) <p>LUNCH: Break for pizza!</p> <p>AFTERNOON:</p> <ul style="list-style-type: none"> • Olympic game finals • Closing ceremony & awards • Ice cream social in the afternoon! 	<ul style="list-style-type: none"> • Wear or bring your decorated t shirt! • No need to bring a lunch today-we will have a pizza party! • We have drinks and snacks, but you're welcome to bring your own

Typical Daily Schedule:

- 9am-10am: Campers arrive; free time to adjust, play games, etc
- 10am-12pm: Morning activities
- 12pm-1pm: Lunch
- 1pm-2:30pm: Afternoon activities
- 2:30pm-3pm: Snack; free time to wind down, play games, etc
- 3pm: Camper pick-up