

## JOIN US

Please join us in our quest to support each other and advocate for our wants and needs. We participate in interactive activities, talk about our experiences, and discuss ways we can advocate for ourselves in the community.

For questions, transportation inquiries, or the zoom link, contact:

navigator@ucpheartland.org (314) 994-1600



## Self-Advocates Group

SHARI'S HEARTS ADVOCACY WARRIORS (SHAW)

## When

First Thursday of each month

## Where

UCP Heartland Community Services North and via Zoom