



August 2023

Dear Friends of UCP Heartland,

As school gets ready to ramp up, I'm reminded of how fast summer goes. This year is a bit different, as Stacy and I are getting ready to pack up the cars and take our 18-year-old twins off to college. If you know me, I'm pretty reserved and keep things close to the vest. Writing this in a public communication is a bit "out of the box" for me but hey, you have to do this every once in a while. It's easy to say that I'm excited about this stage of our lives and I'm ready. All true, but there is the other side of the coin, hoping and praying their independence is a success, good choices will be made, they truly spread their wings and fly, and when challenges arise they are prepared with mom and dad not right by their side. In a nutshell, we have to "trust the process." Confident in the process of the past 18 years and the future process...knowing there will be peaks and valleys of growth every step of the way.

I think about the values at UCP Heartland and as Lori Burch shares with new employees every month, the value of Trust is not listed first by accident. It is the most important and is the catalyst to the remaining values of Respect for all, Honesty, Diversity, and Conciliation. Put this into context of the families UCP Heartland supports each and every day. They are trusting the process, the people leading the process, and the people committed to the process with their loved one. Such as obtaining a successful job, living independently, engaging with the community, preparing for school, receiving quality and effective therapy services, being healthy, safe, and daily needs are met, supported and cared for with dignity and respect, providing meaningful opportunities to support them in reaching their full potential, etc.

Thank you to all the parents, guardians, communities served, and other stakeholders for trusting UCP Heartland for the past 70 years. We have evolved, continue to evolve, and hope to be even better in the future than we are today.



Wing Ding St. Louis 2023

We are about 3 weeks away from one of UCP Heartland's signature events - Wing Ding St. Louis, presented by our friends at TUMS. We are also excited to continue our partnership with The Factory in hosting our 13th Annual Wing Ding on September 12, 2023, from 6:00 pm-9:00 pm. Please click the link for details, sponsorship opportunities, and to purchase tickets [Wing Ding - St. Louis - UCP Heartland](#). We have 13 participating restaurants, 30 judges, 35+ different kinds of wings to choose from and anticipating nearly 1,000 people in attendance. The competition will be fierce! Most importantly, a whole lot of fun will be had supporting the programs of UCP Heartland. If you have not purchased your VIP or General Admission tickets yet, please do so early and invite your friends, family, co-workers, and neighbors to do the same at the link above. See you on September 12th at The Factory.



As always, I want to thank you for your interest, commitment, and support to UCP Heartland. If you have any questions, please do not hesitate to contact me.

Sincerely,

Clint Bolser