



UCP Heartland YOUTH CAMP

Providing students ages 6-20 with differing abilities the opportunities to enjoy day camp with peers.



What Makes UCP Different

Our mission is to provide children and adults living with differing abilities extraordinary care and support they need to thrive in school, at home, at work and in their community.

UCP Heartland was founded in 1953 by a group of concerned parents and volunteers, who wanted to provide a higher quality of life for family members and friends living with disabilities. Last year we celebrated 70 years of service in the community. We have several Key Programs:

- Community Services
- Employment
- Child Development Center
- Independent Supported Living
- Autism Services
- Day Program
- Respite Services
- Family Navigation
- Independence Through Technology
- and Youth Camp





What Makes UCP Camp Unique

UCP Heartland's Youth Camp program has been thriving for 30+ years! In the past many of our campers have not been successful at other camps due to lack of knowledge about individuals with disabilities.

- UCP Heartland has made it a priority to train staff properly regarding the health and safety of all campers. The training includes:
 - Positive behavior support – provides staff with tools and techniques specific to the individuals with disabilities, ex: Individualized Support Plan.
 - Medication Administration
 - Accessible Van Lift/Transfer and Driving training
 - Crisis Intervention

Many of our staff return year after year! One staff member had been with us for 15 summers and is a gym teacher in the Special School District.





Our Youth Camp Provides:

- Fun activities including sports, arts & crafts, cooking and games
- Opportunities to enhance social skills and learn life skills
- Exploration in the community
- Opportunity to make new friends
- Supportive environment
- Ratio of 1 staff member to 3 campers
- Safe and nurturing environment

Our program follows the Special
School District Calendar

Summer 2024

June 3rd – July 26th

8 weeks

Winter 2024/2025

December 23rd, 27th, 30th

January 1st & 2nd

Spring 2025

March 17th – 21st



Daily Activities

We curate daily crafts, goals, and activities.

Field Trips

We plan field trips to parks, museums, splash pads, and more.

Community Engagement

We provide opportunity to learn about our community and how to become more involved.



Summer Camp 2024
Week 7— Olympic Week
July 15– 19

Activity	Activity
<p>Monday, July 15, 2024</p> <p>8:00am—10:00 am—Free time, snack, exercise or game 10:00 am— 12:30—Group A—Community Outing Movie—Sing 2, AMC Theaters 10:00am—12:00—Group B—Church Activity Craft—Olympic wind streamer 12:00pm—1:00 pm—Group B Lunch 12:30—1:30 pm—Group A Lunch 1:00 pm—3:00 pm—Group B Community 1:30 pm—3:00 pm—Church A Activity 3:00 pm—5:30 pm—Free time * Please bring lunch and \$3.00 for movie.</p>	<p>Tuesday, July 16, 2024</p> <p>8:00 am—10:00 am—Free time, snack, exercise or game 10:00 am—12:30 pm—Group B—Community Outing Fox Park 10:00 am—12:00 pm—Group A—Church Activity Make an Olympic torch 12:00 pm—1:00 pm—Group A Lunch 12:30 pm—1:30 pm—Group B Lunch 1:00 pm—3:00 pm—Group A Community Outing 1:30 pm—3:00 pm—Group B Church Activity 3:00 pm—5:30 pm—Free Time * Please bring lunch, Swim attire, towel and sunscreen</p>
<p>Wednesday, July 17, 2024</p> <p>8:00am—10:00 am—Free time, snack, exercise or game 10:00 am— 12:30—Group A—Community Outing Willmore Park 10:00 am—12:00—Group B—Church Activity Make an Olympic medal 12:00pm—1:00 pm—Group B Lunch 12:30—1:30 pm—Group A Lunch 1:00 pm—3:00 pm—Group B Community 1:30 pm—3:00 pm—Church A Activity 3:00 pm—5:30 pm—Free time * Please bring lunch, Swim attire, towel and sunscreen</p>	<p>Thursday, July 18, 2024</p> <p>8:00 am—10:00 am—Free time, snack, exercise or game 10:00 am—12:30 pm—Group B—Community Outing Brentwood Park 10:00 am—12:00 pm—Group A—Church Activity Make gymnastic ribbons and an Olympic snack. 12:00 pm—1:00 pm—Group A Lunch 12:30 pm—1:30 pm—Group B Lunch 1:00 pm—3:00 pm—Group A Community Outing 1:30 pm—3:00 pm—Group B Church Activity 3:00 pm—5:30 pm—Free Time * Please bring lunch, Swim attire, towel and sunscreen</p>
<p>Friday, July 19, 2024</p> <p>10:00 am—12:30 - Group B—Community Outing 10:00 am—12:00 pm—Group A Church Activity * Please bring lunch.</p>	<p>1:00 pm—3:00 pm— Group A Community Outing—Stress Ball 1:30 pm—3:00 pm—Group B Church Activity—Bingo and Water Games</p>





UCP Heartland Youth Camp gives children, who otherwise wouldn't have the opportunity, to be a part of a camp community.

- With our 3:1 camper to staff ratio we are able to give those who need an extra hand, more support.
- Our goal in this program is to have fun and new experiences in a safe space.
- Each camper has daily personalized goals to help them thrive in everyday life.

Success Story

For the past five years, Arik has attended youth camp with UPC Heartland. For the past five years, Arik has worn incontinent garments to camp each day. This year, three outstanding male staff were on a mission to support Arik in using the bathroom with independence. With encouragement, consistency and a tough love Arik was able to be more independent at camp and at home!



From practicing safety in the community and learning new ways to communicate, to building friendships over ice cream and making silly slime, UCP Heartland Youth Camps are able to create memories these campers will cherish forever.

